



Eat Well. Live Well.

www.AwareHouseChef.com

## **CONTACT**

Hellenic Restaurant: 631 477-0138 www.TheHellenic.com

## **BBQ'd Steaks**

Feeds 2-4 people

- 2 Tomahawk Steaks (30-32 oz each)
- 2 tbsp. Fine Himalayan Salt
- 1 tbsp. Organic Peppercorns
- 3 tbsp. Horseradish finely minced in a food processor
- 3 tbsp. KerryGold© Salted Butter at room temperature
  - 1. Cold smoke the steaks for one hour. I use pellets: 40%/40%/20% Hickory, Cherry, Mesquite
  - 2. Mix the butter and horseradish together
  - 3. Season the steaks liberally and evenly with salt and pepper.
  - 4. Turn all burners on grill to high.
  - 5. Using an infrared thermometer, get the grate temperature to 500-550 deg F
  - 6. Turn off the right side and set the left side on low.
  - 7. Place the steaks on the right side on an angle, close the lid and let sear for two minutes.
  - 8. Turn the steaks 45 degrees and relocate them to another section of the right side of the grill. Cover and let them sear for another two minutes.
  - 9. Turn the flame off on the left side
  - 10. Move and flip the steaks over onto the left side.
  - 11. Cover the steaks with finely pureed horseradish and butter mixture.
  - 12. Turn the burners up on the right side to low
  - 13. Insert a probe thermometer into the center of the thinnest steak and set the alarm to 125 deg F (medium rare).
  - 14. Close the lid and do not open it until the alarm goes off.
  - 15. Cover the steaks in a container with plastic wrap and let them rest for 15 minutes.

For preparation instruction, watch the video on YouTube:

https://www.youtube.com/watch?v=RoY192AvKjQ&feature=youtu.be