



Oven Baked Sweet Potatoes, Onion & Peppers

6-8 people

2 lbs Organic Sweet Potatoes (4 small)
4 Medium Organic Onions
3 Organic Tri-color Bell Peppers
2-3 tbsp. [Celtic Sea Salt](#)
½ tsp. [Organic Black Pepper](#)
3 tbsp. [Organic Herbs De Provence](#)
4 tbsp. [Organic Avocado oil](#)

For preparation instruction, watch the video on YouTube:

[Feed a party of Eight for Under \\$50](#)

[Youtube.com/AwareHouseChef](https://www.youtube.com/AwareHouseChef)

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