



**Eat Well. Live Well.**

[www.AwareHouseChef.com](http://www.AwareHouseChef.com)

## CONTACT

Hellenic Restaurant:  
631 477-0138  
[www.TheHellenic.com](http://www.TheHellenic.com)

# The Best Belgian Waffles (GF)

1 ½ Cups [Bob's Red Mill 1-to-1 Gluten Free Flour](#)

½ Cup [Expandex](#)

2 tsp. [Organic Psyllium Husks](#)

1 ½ tbsp [Organic Cane Sugar](#)

7g [Dry Yeast](#)

1 cup [Pearl Sugar](#)

1/8 tsp. [Fine Celtic Sea Salt](#)

1 tsp. [Pure Vanilla Extract](#)

¾ tsp. [Organic Ground Cinnamon](#)

1/3 cup Organic Milk

3 XLG Organic Eggs

preparation instruction, watch the video on YouTube:

[The Best Belgian Waffle](#)

[Youtube.com/AwareHouseChef](https://Youtube.com/AwareHouseChef)

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