



Eat Well. Live Well.

www.AwareHouseChef.com

CONTACT

Hellenic Restaurant:
631 477-0138
www.TheHellenic.com

Immune Boost Dressing

2 tsp. [Fine Celtic Sea Salt](#)

¼ tsp. [Organic Black Pepper](#)

3 Cloves [Organic Garlic](#)

½ Cup [Organic Apple Cider Vinegar](#)

1 tsp. [Organic Ground Turmeric](#)

1tbsp. [Organic Fresh Ginger](#)

1 tbsp. [Organic Raw Honey](#)

¼ Cup [Cold Pressed Organic Olive Oil](#)

¾ tsp. Horse Radish

½ Cup Fresh Organic Raspberries

½ Cup Kefir

preparation instruction, watch the video on YouTube:

[Immune Boost Dressing](#)

Youtube.com/AwareHouseChef

DISCLAIMER: Hi! This PDF contains affiliate links, which cost you nothing, but if you click on them I'll receive a small commission. This helps support this channel. Thank you for the support!