



Eat Well. Live Well.

www.AwareHouseChef.com

CONTACT

Hellenic Restaurant:
631 477-0138
www.TheHellenic.com

Butternut Squash Soup

2 Organic Sweet Spanish Onions
6 lb. Organic Cubed Butternut Squash
2 ½ qt. Water
1 stick KerryGold® Butter
10 tbsp. [Better than Boullian Chicken Base](#)
1 tsp. [Celtic Sea Salt \(to taste\)](#)
2 [Organic Cinnamon Sticks](#)
[Organic Ground Cinnamon to taste](#)
2 tbsp. [Organic Granulated Garlic](#)
1 tsp. [Organic Black Pepper](#)
[Organic Cane Sugar](#) (if needed to taste)
2 [Organic Cinnamon Sticks](#)
[Butternut Squash Soup](#)
[Youtube.com/AwareHouseChef](https://www.youtube.com/AwareHouseChef)

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