



Blackfish (Tautog) With Husked Tomatoes

2-3 people

1.5 lbs. Blackfish Filet
2 cups Husked Tomatoes
1 tsp. [Himalayan Sea Salt](#)
½ tsp. Fresh Ground [Organic Black Pepper](#)
¾ cup Chardonnay
1/3 stick [Kerrygold® Butter](#)
1 tbsp. [Organic Avocado Oil](#)
1 cup [Organic Blanched Almond Flour](#)
2 tsp. [Organic Granulated Garlic](#)
1 pinch [Organic Ginger Powder](#)

For preparation instruction, watch the video on YouTube:

[Blackfish with Husked Tomatoes](#)

[Youtube.com/AwareHouseChef](https://www.youtube.com/AwareHouseChef)

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