



Eat Well. Live Well.

www.AwareHouseChef.com

CONTACT

Hellenic Restaurant:
631 477-0138
www.TheHellenic.com

Wagyu Biltong

1 Kilo Inside Round Wagyu

60g [Celtic Sea Salt](#)

20g [Organic Coriander Seeds](#)

4g [Organic Ancho Chili](#)

10g [Organic Fennel Seeds](#)

10g [Organic Granulated Garlic](#)

10g [Organic Granulated Onion](#)

5g [Organic Black Peppercorns](#)

¼ cup [Organic Red Wine Vinegar](#)

¼ cup [Coconut Aminos](#)

30 g [Organic Raw Honey](#)

preparation instruction, watch the video on YouTube:

[Wagyu Biltong](#)

Youtube.com/AwareHouseChef

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